

Llandudno Swimming Centre

Advertisement Feature

New swim centre makes a splash

LLANDUDNO Swimming Centre launched to a wave of delight this week, as the state-of-the-art £6m regional facility finally opened its doors to the general public.

The centre opened on Monday with the official launch due to take place this Saturday, July 19. Paralympic gold medallist Dame Tanni Grey-

Thompson will be performing the honours and the event will coincide with the final of the Welsh National Swimming League. Don't miss your chance to receive a free goody bag – the first 300 customers will get to dive into this brilliant treat containing locker key tags along with swimming related goodies such as goggles and much more!

Built with the aid of a £1.5m grant from the Sports Council Wales Sportlot Capital Fund, Llandudno Swimming Centre promises superb swimming for everyone.

The main pool is a 25 metre, eight lane international short course competition pool, complete with moveable floor which can be set at any depth between surface level and two metres.

There is also a separate 20 metre, four lane pool that will generally be used for teaching and training, as well as acting as a warm-up and swim-down pool during competitions. Seating for 427 competitors and 250 spectators has also been incorporated into the layout.

Llandudno Swimming Centre is inviting everyone to get in the swim of things, whatever your age or level of experience. Swimming classes are available

for juniors and adults, and one-to-one swimming tuition can also be booked. There will also be regular courses for the Royal Life Saving Society's National Pool Lifeguard qualification. For more information email Dave Daltry at david.daltry@conwy.gov.uk

As well as lessons, guests can take part in sessions such as aqua aerobics, women-only, early morning swim, adults-only, 'swim fit' stroke technique and lane swimming. Sessions are also planned for parents and babies, families, birthday parties, free holiday programmes, and external clubs.

For further information on all activity sessions and swimming lessons, including opening times and prices, please contact reception on 01492 575900.

Details of future events at the Llandudno Swimming Centre can also be found by diving into Conwy County's website at www.conwy.gov.uk



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SWIMMING CENTRE








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I gael rhagor o fanylion gan gynnwys prisiau ac amseroedd ffoiwch y dderbynfa
For further details including prices and times please contact reception

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