

## Year 4s trip to Newburn

ON 20th March 2008, Year 4 children from Tyneview Primary were involved in an action packed adventure day at Newburn Activity Centre. The children got the opportunity to do archery, rock climbing and trampolining. They were amazed to find out that the wall was 12.5 metres high. Samuel, Reece and Jordan were the only children to reach the top. The trampolines were Olympic size and all children enjoyed the day completely. Chloe Davidson, Year 4, said: "It was great firing the bow at the target". Everyone in Year 4 agreed that the trip to Newburn was very exciting.

BY ROBERT, CARLY AND DEAN

## Daily fitness fun

PLAYTIMES at Tyneview are fun times! The children love their assault course, running track, and active games with the buddies. There is also the playtime shop where they can buy balls, skipping ropes and much more! Rachel Horsburgh, age 11, said: "There is so much to do at playtimes, we are really active and have lots of fun." Children can take part in football training sessions. Christen Ferry, age 10, explained: "I enjoy taking part in football matches at lunchtime." Overall, children and staff enjoy playtimes. Mrs Foster said: "Playtimes are really important, to keep children fit and their brains active!"

BY RACHEL, LAUREN AND CHRISTEN

# Tyneview on top form

This week's Kron page is written by Tyneview Primary School and was designed at:



Next week's Kron page will be written by Warkworth First School and Sea View Primary School.



**WOW** - Tyneview children meet Peter Beardsley

**T**YNEVIEW children were really excited to be visited by Peter Beardsley on Friday 28th March. He came to talk to them about fitness, health and about Matchfit; a fitness programme that they will be taking part in. Peter Beardsley said: "You might find it hard, but it really is beneficial". Matchfit is 6 weeks of

footie fun; where the children will enjoy being taught about fitness, health and football.

Lucy, aged 10 said: "It was great to have another footballer in school telling us to be as fit as them."

Tyneview have been lucky as Peter Ramage also came to visit and talk to them about fitness and healthy lifestyle.

Although Peter Beardsley is very healthy he says you can still have treats now and again, he said his favourite treat is Maltesers. Year 6 children were interested to know this.

BY BILLYJOE, SOPHIA AND SAM

## Tyneview walks to health

EVERY child in Year 5 and 6 have their own pedometers because they have taken part in a project called 'Schools on the move'. They record the number of steps they have taken each day. They then receive targets, feedback and rewards. - bronze is for: 10,000 steps, silver is for 12,000 steps and gold is for 15,000 steps. Nathan, Year 6, said: "The pedometers are great, we compete against each other to see who can achieve the greatest number of steps in a day!"

It is believed the pedometers encourage children to walk more which is important as walking is an excellent form of exercise.

BY MELISSA, NATHAN AND DANIELLE

## Heart start

CHILDREN in Year 4 and 5 have been learning about first aid. Miss Currie taught them how to call for help in an emergency, how to keep the patient calm. They also learned how to put someone in the recovery position and used mannequins to practice C.P.R. Abbie Gray, Year 5, said: "It's brilliant because if someone is in danger I feel like I could help them."

Mrs Fairbairn said: "It's very important for children to learn first aid so they can help someone if they are hurt."

BY AMY, ZARA AND DYLAN

## Cooking up a storm



**NEWSKILLS** - Lewis Batchelor cooks with Expo Chef

THE Expo-Chef came to Tyneview to treat us to some mouth watering healthy food. Dave, the Expo - Chef, asked volunteers to taste food from his bush tucker trial. Tammy, Year 6 said: "I was pleased it wasn't slugs or beetles. It was tasty!" He cooked lots of delicious recipes for parents and children and stayed at lunchtime and gave advice about what to put in packed lunch boxes and he gave out tasty recipes to try at home.

BY MOLLY, TAMMY AND LEWIS

## Health hoops

YEAR 6 have taken part in a Lean East Basketball programme. It has been exciting. They have been taking part in basketball training sessions at breakfast club.

"I really look forward to Thursday mornings with our coach Marc. It's a great way to start the day. Marc is a fantastic coach," said Neil Brooke aged 11.

They also took part in a inter school competition at the Lightfoot; it was called hoops4health. They got into the final! The children felt the visit to the clinic at the Metro Radio Arena was the best.

Carly Davis, age 11 said: "The clinic was great fun! We played on the same floor as the Eagles!"

Dean Horsburgh, aged 11, got the chance to play on the court at half time during the match.

BY LUCY, NEIL AND MATTHEW

## Fabulous fitness in Tyneview

CHILDREN at Tyneview are taking part in the Ian Wright Fitter Schools Challenge. In an attempt to improve their fitness every child is taking part.

The Challenge is a series of activities to help children keep fit in a fun way. It is also a competition with schools in Walker with a chance of winning thousands of pounds on sporting equipment. The schools will win by improving their scores on the challenges.

Rachel Horburgh said: "It's not about competing with others it's about competing with yourself - that why I like it!"

The challenge for each child is to improve their own fitness.

Molly Chandler said: "I think it is a really cool way to keep fit, healthy and energetic!"

BY KATIE HALLIDAY AND ABBIE THOMPSON

## Tyneview tasters

TO show parents how healthy and tasty school dinners are at Tyneview, they were invited along for a taster session to have lunch with their children and enjoy school dinners. Belta the bunny from Lean East came to have lunch as well and everyone was able to take part in the raffle. Jack Ellitson said: "My mum and dad came. They really enjoyed their lunch!"

Belta the bunny has visited Tyneview before when the children were given fusion cards. Many children from the school use the cards when they visit the local sports centre's to take part in football, badminton, trampolining, roller skating and much more!

Everyone at school is looking forward to another whole school trip to the Lightfoot, because they enjoyed all the activities so much! It will be a great start to their summer topic 'Be Healthy'.

"It was great fun, I especially like the bouncy castle!" said Carly, Year 6.

BY CHARLOTTE, JADE AND REES

