

Mind, Body & Spirit

Featuring **FEEL BETTER FAST**



■ **FOUNDER:** J. Arthur Laundon who devised the successful weight loss system

'It's not magic or a miracle, but it does come close'

If you are not happy with your weight then these are the most important words you will ever read!

If you have tried every diet that has ever been written and still searching, then why not join the many people who have already found success with the Lose Weight And Feel-Better-Fast System Of Natural Weight Management exclusive to The Feelbetterfast Clinic. The system is based on the teachings of J. Arthur Laundon – The body, a human machine – using mind imagery reprogramming [M.I.R], the purest form of hypnotherapy and unique psychological reprogramming techniques, you will discover all the secrets to achieving and maintaining your body's natural optimum weight. The treatment consists of both a logical and therapeutic approach with the core of the system based around the original Dr. Rockets™ Hypno-Gastric Band. This revolutionary new concept will hopefully now bring to an end an era of antiquated conventional restrictive dieting.

The Feelbetterfast Clinic is enjoying remarkable success providing a treatment which facilitates permanent change, teaching you how to reignite your original instinctive eating habits. By natural instinctive eating your body will rebalance achieving your body's own individual blueprint weight, as decided on by nature. Unlike conventional restrictive dieting which usually results in yo-yo weight loss and gain, this is a treatment that will create a permanent mind/body change so that you act instinctively

on your natural hunger signals.

Your body is a human machine and you have your own internal instinctive management programme. That's why no external solutions exist. So the principal of the treatment is to reprogramme the mind to eat instinctively when hungry and not habitually when satisfied, balancing the body's natural system.

At the core of the treatment is Dr. Rockets™ Hypno-Gastric Band, the band is used to form new eating habits.

The subconscious mind believes that a gastric band has been fitted, so to the subconscious mind the band is very real. A Hypno-Gastric Band does not restrict your body of food as some believe, what it does is allows you to eat the exact amount your body requires.

Positive interest has been shown which hopefully will result in the method being more widely used. The interest stems from once the instinctive eating habits are formed and the body's system is rebalanced positive changes have been noted. Diabetes, hypertension, bodily chemical imbalances all improve when the body's natural equilibrium is restored. Many consultants and doctors agree that this system could be the future in controlling and reducing weight problems safely. Conventional orthodox bariatric surgery carries certain risks these all being eliminated with this revolutionary new treatment. The only prerequisite being the want and desire to change. To learn more look at www.feelbetterfast.co.uk or call the clinic on 07800584077.

THE FEELBETTERFAST CLINIC

THE LOSE WEIGHT & FEEL-BETTER-FAST SYSTEM OF NATURAL WEIGHT MANAGEMENT



J. Arthur Laundon

"It's not magic or a miracle, but it does come close."

THE COMPLETE LAUNDON PROGRAMME

Using mind imagery reprogramming (M.I.R) the purest form of hypnotherapy and unique psychological reprogramming techniques, you will discover all the secrets to achieving and maintaining your body's natural ideal weight. The system, based around the original Dr. Rockets™ Hypno-Gastric Band is the programme to end an era of antiquated conventional dieting by teaching the truth and removing the myth.

INVESTMENT OF JUST £175 FOR THE 2 SESSIONS NEEDED ALSO AFTERCARE AND SUPPORT

www.feelbetterfast.co.uk 07800 584077
John Richardson – Master (M.I.R) Hypnotist

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