



HAIR, BEAUTY AND HOLISTIC THERAPIES

Feel Fine For 2009

6 Shapemaster Toning Tables

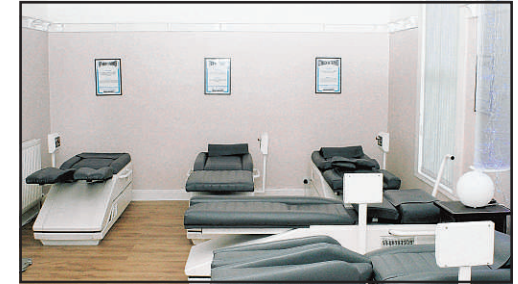
Plus Vibration Plate

Free Trial Plus Assessment

For more information contact

01745 369664

Synergi would like to wish all their customers a very Happy Christmas



Feel fine: Synergi has the expertise to make you sparkle this Christmas *Tony Mottram*

Giving the gift of beauty

WHETHER you want to turn heads with a stunning new hair style, revitalise your complexion with a luxury facial or relax with a massage, Synergi in Rhyl has the expertise to help you look your best this Christmas.

Based on Kimmel Street, the leading salon, which recently celebrated its second anniversary, offers an impressive range of hair, beauty and nail treatments, including the latest Caci non-surgical facelift facial and Chroma Clear micro-dermabrasion treatments, which gently exfoliate skin to reduce the appearance of acne and scarring and leave your complexion smooth, soft and glowing.

Highly skilled, the salon's friendly and professional team includes four stylists and a nail technician, who offers a full range of manicures,

pedicures, acrylic and gel nails and has a flair for occasion hair styling, with party styles a speciality.

For those looking to be bronze, buff and beautiful in time for the Christmas party season, Synergi has a 220-watt stand-up sunbed, six toning tables and two state-of-the-art vibration plate machines.

Suitable for people of all fitness levels, the vibration plate machines help tone muscles to give you a slimmer, sleeker silhouette – an ideal way to shape up for the party season or work off festive over-indulgences.

You can choose to pay each time you use the toning tables and vibration plates or, for a monthly fee, you can have unlimited use of the equipment.

Synergi also offers an array of holistic therapies such as massages, reflexology, reiki and hopi ear candling to help you unwind and de-stress.

Owner, Sue Wilkinson, who is a fully qualified reiki master, added: "Holistic therapies are a great way to relax, refresh and rejuvenate both the mind and body at this time of year, hopi ear candling, for example, is an effective treatment for those who suffer from colds, sinus pain or snoring."

Taking a personalised approach to beauty, the popular salon offers bespoke pamper packages, with all treatments tailored to your individual requirements, gift vouchers and a range of prestigious Gatineau anti-ageing products and gift boxes.

■ The salon is open Monday to Saturday, so for all your hair and beauty needs call 01745 369 664, visit Synergi, 57 Kimmel Street, Rhyl or log onto www.synergi.me.uk

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Home visits

Opening Hours: Tuesday - Friday 9.30 a.m. - 5.00 p.m.

Saturday 10.00 a.m. - 2.00 p.m.